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FOR IMMEDIATE RELEASE

BRAIN INJURY ASSOCIATION OF NEW HAMPSHIRE TO HOLD
19TH ANNUAL WALK BY THE SEA AGAINST BRAIN INJURY

The Brain Injury Association of New Hampshire will host the 19th Annual Walk by the Sea on October 2, 2005. The Walk will start and end at Hampton Beach State Park. Registration will begin at 10am and the Walk will begin at 11am. Walkers can choose their distance, either 1 mile or 3.1 miles, both routes along the Atlantic Ocean. A cookout will be planned along with entertainment afterwards at the State Park pavilion. Participants are asked to collect pledges to bring with them to the Walk to support the work of the Brain Injury Association of New Hampshire. Pledge sheets can be requested from the office, at (603) 225-8400 or 1-800-773-8400.

This annual event was started 19 years ago by brain injury survivor, Michael Painter. Besides being a fundraiser, this event has served as a chance for the entire New Hampshire brain injury community to come together and celebrate our accomplishments and enjoy a pleasant day at the beach. Every year, approximately 300 brain injury survivors, their family and friends, and professionals in the field come to Hampton Beach State Park to take part in this event.

The Brain Injury Association of New Hampshire is a private, non-profit, family and consumer run organization representing over 5000 New Hampshire residents with acquired brain disorders and stroke. The Brain Injury Association of New Hampshire was founded in 1983 by New Hampshire parents seeking to bring their brain injured children home from out of state nursing homes. The mission of the Association is to promote awareness, understanding and prevention of brain injuries through education, advocacy and community support services that lead toward reduced incidence and improved outcomes of children and adults with brain injuries.

More information about the Walk by the Sea and the services offered by the Brain Injury Association of New Hampshire can be found at www.bianh.org.