

## **Brain Injury Association of New Hampshire Information and Resources / Articles**

### **Family Issues**

50 Tips for Family Safety

A Family Caregivers Guide To Hospital Discharge Planning

A family testifies before Health and Human Services

A guide to what BI families need from MH professionals

A Stranger in the House: Cathy Crimmins Info

A Study of Married Couples

Access Support Services

Basic Family Rights as They Relate to Head Injury

Better Cope With a Family Member's Disability

Book: Why Did It Happen on a School Day?

Brain Damage is a Family Affair

Brothers and Sisters: Brain Injury is a Family Affair

Changes in relationships for families and caregivers

Children's Issues

Communicating With Families Under Stress

Coping with Daughters Brain injury

Coping With Losses

Coping with Survival

Critical care

Deal With the News that Your Baby Needs Special Care

Defining Roles for Family Members & Caregivers

Do's/Don'ts when responding to brain injured

Effective tools for family education

Emotional Problems Experienced by Families

Families as Case Managers

Families With Head Injured Members: A Personal Account

Family Adjustment to Head Injury

Family Expectations for the New Millennium

Family Guide to Rehab

Family Involvement through Mentoring

Family News & Views Articles (Information & Preparation After BI, Support Groups Help Families,

Unexpected Medical Problems After BI)

Family News and Views: Problems can Surface after Brain Injury

Family suggestions

Future Planning Network Of NH

Head Injuries Happen to Families

Head Injury: A Family Matter

Head Injury: A Guide for Families

Home Health Care – A view from the front lines

Living After Brain Injury  
Living with a Characterologically Altered Brain Injured Patient  
Loving a Perfect Stranger  
Meeting children's needs/ TBI Parent  
Meeting the Challenge: Recognizing and Dealing with the Impact of Having a Disabled Child  
Meeting the Needs of Siblings & Children of TBI Survivors  
NH Family Voices – Supports for families of children with serious illnesses  
Parents with TBI  
Psychological Implications of TBI for the Patient's Family  
Publications & Resources  
Reading Lists Developing a low cost Brain Injury Rehab Program: Guidelines for Family Members.  
Recognize and acknowledge family strengths  
Relating to Your Head Injured Family Member  
Relationship and family breakdown following TBI  
Relatively Speaking  
Returning Home After Brain Injury  
Sibling Needs-Helpful Information for Parents  
Some Disturbing Thoughts About the Loss of a Mind  
Spouses: Overlooked Victims  
Strategies for Families and Caregivers  
Strategies To Prevent Caregiver Fatigue  
Stress Management following Brain Injury: Strategies for families & caregivers.  
Stress Mgmt –a guide for families & Friends Casey Family Services  
Support Groups help families  
Survive the bumpy road to inclusion  
TBI and Family Adjustment  
The Effect Of Head Injury On The Family System  
The Impact of Divorce, Separation and Custody – Assistance in Dealing With  
The Impact Of Head Injury On The Family  
The Mother Who Would Not Give Up  
The right to know: educating families when a child has a BI  
The Role of the Family in Delivering Case Management Services  
The Silent Epidemic: Rehab of People with TBI  
The Sleeping Beauty Fantasy  
The Truth About Divorce After Brain Injury  
Training Families to work with the Head Injured  
Training family members to work with brain injured  
Use group parent power to make things happen  
What Changes for Women After Traumatic Brain Injury  
What is case management  
When a Parent Has a Brain Injury  
Where Do We Go From Here?

## **Fatigue**

Coping with fatigue

Fatigue & Brain Injury  
Fatigue & Lack of Motivation  
Fatigue & Tiredness  
Fatigue, Dizziness, Headaches  
General Information

**Financial Assistance: Housing**

CATCH: Concord Area Trust for Community Housing  
Community Action Agency Listing  
Dewolfe Cares Inc. – Families in Transition  
Division of Elderly & Adult Services – Services ( Home Care, CHORE, Emergency Support & respite )  
Domestic Violence Programs  
Easy Access Housing \_ Home Adaptability Checklist  
Easy Access Housing for Easier Living  
Emergency Shelters  
Fact Sheet: How rent is determined  
Family Resource Connection – NH programs for domestic/sexual violence  
Habitat for Humanity  
HCBC-ECI Program & Residential Care Facilities enrolled in HCBC-ECI  
Homeless Hotline  
Homeless Intervention/Prevention Services  
Housing & Urban Development – Median Area Income for Vouchers & Rental Assistance Programs.  
Housing & Urban Development – NH Voucher Programs  
Housing Choice Voucher Program  
Housing for Persons with TBI  
Housing Referral Network: Rockingham Community Action Program  
Landlord List for Concord area  
MB Housing Partnership  
Merrimack County Community Action Program  
NH Community Loan Fund  
NH Family assistance program fact sheet  
NH Housing Finance Authority – General Articles on Homeownership  
NH Housing Finance Authority – General Information on Tenant Rental assistance Programs.  
NH Housing Finance Authority – Preliminary Application for Section 8.  
NH Housing Finance Authority – Section 8 Landlord Listing  
NH Housing Finance Authority – Section 8 Multi-Family Listing  
NH Housing Finance Authority – Single Family Mortgage Programs  
NH Housing Finance Authority “How to apply for rental assistance” Guidelines & forms.  
NH Housing Finance Authority: Directory of Assisted Living  
NH waiver comparison info.  
Opening Doors: A Housing Publication for the Disabled  
Parmenter Place – affordable housing in Concord, NH  
PATH Service Providers – Assists in Transition from Homeless  
Permanent Housing for the Homeless and Handicapped  
Rental Assistance  
Rural Development –buying or repairing a home with help from USDA’s

Shelter and Prevention Services by County  
Southwestern Community Services – Shelters & Transitional Housing  
Special Funding for Housing for Persons with Disabilities  
Specialty Shelter Programs  
State Shelters  
Stewart Property Management Info  
The Fair Housing Project – A program of NH legal Assistance  
The Housing partnership  
Transitional Housing  
Union Leader Article – Affordable Housing in Concord

### **Financial Assistance – General**

A Financial Education for Caregivers: Stroke  
A Unique Internship Providing College Students with Disabilities  
ABD Community Based Care Waiver  
Adaptive Equipment Loan programs  
Aid to the Permanently and Totally Disabled – (APTD)  
Americorps Victim’s Assistance Program  
Astrazenica Foundation  
BC/BS—Individual Health  
Becoming Well Again Through Financial Aid Resources  
Benefits for the Novice  
Benefits Planning & Assistance  
Bill Payer program Update  
Bonnie Clac car Loans  
CHAD Programs: Managed Care & Health/Leadership Project  
Choices for Independence  
College Aid  
Community Care Waiver for Children  
Community Financial Assistance  
Concord Hospital Prescription Assistance  
Consumers Guide to accessible housing  
Council for children & Adolescents with chronic health conditions  
Cover program- Home improvement rehabs  
Creating Options: A resource on Financial Aid for students w/disabilities  
David Ryan Memorial Fund, Inc.  
Dental Assistance  
Dental Providers Under Medicaid  
Department Health & Human Services Forms  
Disability Services at NH Colleges  
Disabled Children relief Fund  
Drugs covered under indigent patient program  
Easter Seal Dental Center for Children  
Emergency Shelters  
EMS

Endowment for Health – Newsletter  
Equity America – Reverse Mortgages  
Estate planning  
Eye Glasses, Hearing Aids and Dental assistance  
Families First – NH health access application  
Fannie CLAC  
Financial Aid for College – NH Higher Education Assistance Program  
Financial Assistance for Victims of Violent Crime  
Financial Assistance for Victims of Violent Crime in NH  
Financial Matters: Never too late to start planning  
Good News Garage Program –helps people to obtain a vehicle for employment  
Government Benefits and Services  
GSK (Glaxo Smith Kline) Makes it Easier for Unemployed, Uninsured to get Free Medicines 9/15/09  
Gullikson Foundation  
Harriet Howland Memorial Fund  
Harry Alan Gregg Foundation  
Health Insurance Counseling Education Assistance Service  
High Hopes Foundation  
Hospitals offer help to self-pay patients  
Individual Development Account (IDA) Fact Sheet – (NH Community Loan Fund)  
Joseph Corpina Foundation  
Katie Beckett Program  
Krempels Center  
Loans from American Association of people with disabilities  
Maintaining Eligibility for SSI / Medicaid: What can a family member or Special Needs Trust purchase for a person with disabilities and what is a person who is receiving SSI or Medicaid Allowed to own? By John Kitchen, JD, LLM  
Medicaid Information  
Medicaid to Schools Program  
Medicaid Waiver Program in Vermont  
Medicare Approved Drug Discount Card  
Medicare for Employed Adults with disabilities  
Medicare Information  
Medicare Learning Network – List of updates and new programs  
Medicare Savings Program  
Medicare: Drug Discount Card—Helping Those With Limited Incomes  
Medicare: Drug Discount Card—What You Need To Know  
Meds for Manchester  
Microsoft Internship Program  
National Foundation of Dentistry  
NH Catastrophic Illness Program  
NH Counties Resources  
NH Family Assistance Program Fact Sheet  
NH Health Access Network  
NH Healthy Kids Insurance Program  
NH Infants and Toddlers Program

NH medication bridge prescription sites  
NH Oral Health Program Profiles  
NH State Community Action Programs  
NH Waiver Comparison Info  
Nord's Medication Assistance Programs  
North Country Mobile Dental Services  
Partnership for prescription assistance  
Pfizer Patient Medication Assistance Programs – Connection to Care, Living Share Card, Sharing the Card  
Pharmacy On line  
Purchasing a modified van  
Recovery Awareness Foundation  
Reverse Mortgage Options  
Rockingham Community Action Programs: Community Assistance  
Sea Care Health Services  
Seacoast Child Development Clinic  
Seacoast Healthnet Programs  
Section 8 Housing Choice Voucher EIP/Access Preference Verification Form  
SERVE; New England  
Share Card Health Insurance Program  
Social Security Programs  
Social Security Administration Medicare Prescription Drug costs  
Special Medical Services – State of NH  
Special Needs Planner from Parks Tuttle Financial Services  
SSI,SSA, SSDI APTD and Waivers  
Student guide- Financial aid from US department of education  
Survival & TBI: More Details  
TBI Challenge! Housing- a blueprint for independence  
TBI Implementation Grant: Proposed Criteria for CMHC Services for Persons with TBI  
Technology Related Assistance May be a Phone Call Away  
The Medicine Program  
The Request for Assistance  
The Student w/ a brain injury: Achieving goals for higher education  
The Washington Center  
Together RX  
U Share Prescription Drug Discount Information  
United Children's Foundation Information for Benefits  
US drug Assistance programs  
Utility Assistance  
Verizon-Lifeline/ link up NH Telephone assistance programs  
Victims Inc  
Vision Assistance  
When Your Bills Pile Up  
WISH Organizations  
Youth with chronic health conditions scholarships

## **Guardianships**

General

Guardianship training project

Guardianships

Handbook for Guardians

Individual Functional Assessment: A Guide to Determining the Need for Guardianship under NH Law

Petitions for guardianship

Planning a Future With Care

Primer for Parents

What is a guardian?

### **Headaches**

Head injury & chronic headaches

Headaches - Hope through research

Headaches & brain injury

Post traumatic headaches – a pain in the brain

Post traumatic headaches & brain injury

This is your brain with a headache

### **Huntington's Disease**

General Information

Huntington's Disease: Cognitive and Psychiatric Features

Newsletters – Huntington's Disease Society of America

### **Independent Living**

General Information

Independent Living for the Severely Disabled

Independent Living Programs

Post-Acute Neurologic Community Integration Rehabilitation: Ecological Applications

Preparing for Home Care - booklet

Safe at Home – booklet

Volunteers for Elderly: United Way Service for Grafton/Sullivan Counties

### **Insurance Issues**

A Family Guide to Common Terms Associated with Managed Care

Advocating for Funds

Community based health plans for the insured: expanding access

Coping 3rd party reimbursement & speech pathology

Discharge Planning, What it's all about

Health Insurance: you have rights when purchasing health

Managed Care and Brain Injury

Managed Care Insurance Practices & Brain Injury Rehabilitation

Managed Care: A Consumer Guide

Medical Insurance options

Medicare – talking about Medicare

Problems in Insurance Coverage

Traumatic Brain Injuries: Challenging HMO Guidelines – Are Parent's Powerful or Powerless?

Unscrambling the Insurance Maze

Viatical Settlements

What Do You Mean It's not Covered!  
What To Do if Catastrophe Strikes  
What You Should Know About Managed Care and Children w/Special Health Care Needs  
Your HMO and you

### **Legal Issues: General Information**

Learn about laws that impact your Family's life  
A Laypersons guide to selecting & retaining the most qualified attorney in cases of TBI  
Actions for Medical Injury  
Ask the Doctor: Litigation Regarding Concussion  
Brain Injury Literature by Gordon Johnson, J.D.  
Brain Injury Litigation Guide for TBI  
Brain Injury Source: NeuroLaw: Legal Issues in Brain Injury  
Clients with special needs children need help clearing complex financial, legal and emotional hurdles  
Closed Head Injury  
DRC Civil Action Court Case in US District Court, Concord, NH  
Estate Planning for Families of Persons with Head Injuries  
Estate Planning for Persons with Disabilities  
Estate Planning: NICHCY  
Family/Lawyer Relationship: A Long Term Partnership  
Five Myths About Traumatic Brain Injury  
Forensic Neuropsychology & Recovering Damages & Compensation for BI  
General things to keep in mind when choosing a lawyer for a brain injury case  
How to Learn about Laws that Impact Your Family's Life 1998  
i.e. Magazine: Legal Issues  
Influence changes in state and federal law  
Introduction to NeuroLaw  
Just a Few Things a Lawyer Must Know About So-Called Mild Brain Injury  
Lawyer Interview Sheet  
Layman's Guide To Hiring Legal Representation  
Legal Issues & brain injury  
Legal Rights of the Head Injured Person in New Hampshire  
Legal Techniques for Financial, Medical & Personal Planning for Alzheimer's Families in NH  
Life Care Planning  
Living Will & Health Care Power of Attorney  
Making a Will  
Mild to Moderate TBI & Psychiatric Problems  
Money Matters  
NH Legal Assistance – Housing/Rental Issues  
Pediatric Traumatic Brain Injury Cases in NH  
Power of attorney  
Psychological Syndromes in TBI Litigation  
Representing the Professional with TBI  
Role of Neuropsychologists in Brain Injury Litigation  
Selecting a Neurolawyer ( English and Spanish versions)  
Special needs require Long-Range plans

TBI: A guide for criminal Justice Professionals  
TBI: Analysis, Understanding and Presentation  
The Basic Estate Plan: The Will and the Special Needs Trust  
The Importance of Vocational Economic Analyst in Mild/Moderate TBI  
What the Lawyer Should Know About Mild Brain Injury  
Worker's Compensation Settlements

**Long Term Care**

A Simplified Guide to Choosing a Nursing Home: Consumer Info Sheet  
About Medical Directives  
Advance Care Planning Guide  
Medicaid Income and Asset Limits for Nursing Homes 2009  
Medicare & Medicaid: Guide to Choosing a Nursing Home  
NH Medicaid rules for long term nursing homecare  
Nursing Homes: How to Choose  
Nursing Homes: When a Loved One Needs Care  
Residential Treatment: Have I Done the Right Thing?  
The puzzle of paying for long term care  
Healthbridge DVD: Features services offered at Healthbridge